



STUDENTS NAME: _____ Gender _____

Birth Date _____

SCHOOL: _____ Grade _____

Adult T-Shirt Size _____

PARENT/GUARDIAN'S NAME:

HOME ADDRESS:

HOME TELEPHONE: _____

STUDENT CELL PHONE: _____

STUDENT E-MAIL: _____

PARENT E-MAIL _____

A) PARENT/GUARDIAN EMERGENCY CONTACT NAME AND TELEPHONE NUMBERS:

NAME: _____ RELATIONSHIP: _____

HOME PHONE: _____ CELL PHONE: _____

B) IF "A" IS UNAVAILABLE, ALTERNATE EMERGENCY CONTACT NAME AND TELEPHONE NUMBERS:

NAME: _____ RELATIONSHIP: _____

HOME PHONE: _____ CELL PHONE: _____

Nature of Dharma Healing & Wellness/Little Girl Grown Woman Issues Events (Referred to below as the Sponsor):

Dharma Healing & Wellness, LLC is the parent company to Little Girl Grown Woman Issues and is located in Cleveland, Ohio. By signing this waiver, you agree that you are giving up legal rights and remedies available to yourself and your family. Read and complete this waiver carefully. If you have questions, contact an attorney.

I understand that the nature of Dharma Healing & Wellness, LLC (Little Girl Grown Woman Issues) events can be a combination of social, spiritual, and physical in nature and are primarily for high school and middle school age students. Dharma Healing & Wellness, LLC (Little Girl Grown Woman Issues, (called 'This Activity' hereinafter) events can take place at a variety of locations

throughout the year, including **but not limited to** various camp sites, hotels, retreat centers. There may also be a variety of road trips and events that may require an additional permission and/or liability form.

Nature of Risks: I understand that voluntarily traveling to and attending 'This Activity' and events may involve certain risks beyond the reasonable control **Dharma Healing & Wellness, LLC (Little Girl Grown Woman Issues)**, its staff, directors, chaperons, and agents in connection with the various **Dharma Healing & Wellness, LLC (Little Girl Grown Woman Issues)** events, et al., and the all participating in it, and their respective officers, directors, and agents, and chaperones or representatives associated with the conference, including but not limited to accidents, emergencies, exposure to reckless conduct of other persons, and/or negligence of and that Retreat Centers, et al., Sponsors et al., and the Chaperons et al. disclaim any and all responsibility for any such risks. If at any time during the various **Dharma Healing & Wellness, LLC (Little Girl Grown Woman Issues)** events, attendees attempt to leave the event, they do so without the permission of the Sponsor, et al and the Retreat Centers et al, Camps et al, Chaperons et al, and will be subject to dismissal from participation in the event.

Waiver of Liability/Hold Harmless: By signing this liability waiver, I agree and acknowledge that I may be giving up important legal rights and remedies available to myself, my family, my heirs, successors, and assigns. For value received, I agree on behalf of myself, my child's other parent if known or living, my child named herein, and our heirs, successors, and assigns ("Our Behalf") that I assume all risks and waive any liability of any nature whatsoever against and agree to hold harmless Retreat Center, et al., Sponsor, et al., and the Chaperons et al. with respect to any and all actions, claims or demands that may be made or brought on our Behalf against Retreat Center, et al., Sponsor, et al., and/or the Chaperons et al. arising out of or in connection with my child's travel to or attendance at the camp, or any other activity my child may engage in while in transport there. Further, for value received, for any injury to third parties that may arise because of my child's actions or omissions, I agree to hold harmless and defend Retreat Center, et al., Sponsor, et al. and the Camp et al., Chaperon, et al., with respect to any and all actions, claims, expenses or demands arising there that may be made or brought against Retreat Center, et al., Sponsor, et al. and/or the Chaperon et al., including but not limited to reasonable attorneys' fees and expenses arising in connection therewith.

Media Waiver: We consent to the use by Retreat Center, et al, and Sponsor, et al any videotape, photograph, slide, audiotape, or any other visual or audio reproduction in which my child may appear. I understand that these materials are being used for promotion of various **Dharma Healing & Wellness, LLC (Little Girl Grown Woman Issues)** and **Dharma Healing & Wellness, LLC.** events by and for the Sponsor, et al. Such promotional activities extend to recruitment, fund-raising, advocacy, etc. I release the staff, chaperones, etc. of the Sponsor et al., and Retreat Center et al., from any liability connected with the use of my or my child's picture or voice recording as part of any of the above or similar activities.

Medical Permissions (Limited): As a condition attending the various events, I grant permission in the event of an emergency or accident for emergency medical care to be administered to my child within the Facility and/or during or after transportation to a hospital or doctor for emergency medical care. I further understand that it is not the responsibility of Sponsor, et al., Retreat Center et al., Chaperon, et al., to attempt to reach my child's emergency contacts and that I remain responsible for my child's medical expenses.

Medical Information

Pertinent information about allergies or health problems, present medication and dosage which your child may be taking and any other information that will enable the adult leaders to obtain safe medical treatment for your teen, must be included on the attached Student Medication Form. **This form will be kept on file. Please notify us of any changes in medication.**

Insurance Information

Policy in the name of: _____

Insurance Company Name/Policy Number: _____

I fully understand the consequences of and sign this LIABILITY WAIVER AND PERMISSION knowingly, freely, and willingly.

I also agree to notify **Dharma Healing & Wellness, LLC. (Little Girl Grown Woman Issues) of any contact, insurance or medical changes as they occur.**

Parent/Guardian (Printed) _____

Signature of Parent or Guardian _____

Date _____

Child's Name (Printed) _____

Signature of Youth _____

Date _____

CHILD MEDICATION FORM:

Child's Name: _____

- Does not take any medication Takes medications listed below
- I give permission for an adult in charge to give my child Tylenol or Advil (or their equivalent)

MEDICATION	DOSAGE	FREQUENCY	ADULT TO ADMINISTER

If your child needs to have an adult administer his/her medication please indicate Yes or No in the Table Above.

DHARMA HEALING & WELLNESS, LLC. (LITTLE GIRL GROWN WOMAN ISSUES) CODE OF CONDUCT

The Activity participants agree to the following:

- Project an image of consideration, sensitivity, and respect to everyone and to the property around them through language, dress, and behavior
- Refrain from inappropriate touching, fighting, and verbal harassment
- Respect other persons and/or property
- Refrain from actions that could result in injury and/or damage to property
- Adhere to stated curfew
- Attend all scheduled activities, arriving promptly, and staying for the entire event
- Report problems of any kind to a trusted adult member of the retreat team
- Travel in groups of three, avoiding situations where they are alone with other Staff and adults
- Always tell an adult leader where they are going to if they leave the main event area.

The Activity participants agree not to:

- Possess weapons or fireworks of any kind
- Purchase, possess, consume, or distribute alcohol
- Purchase, possess, consume, or distribute illegal drugs or tobacco products
- Engage in any form of sexual activity or Youth sexual harassment
- Use profanity, degrading language of any kind, or participate in Bullying
- Visit or gather in sleeping areas of the opposite gender

Dress Code:

In keeping with the nature of **Dharma Healing & Wellness, LLC. (Little Girl Grown Woman Issues)** events, all participants are to dress in a modest fashion. This includes the following:

- Shorts and Skirts will not be more than 5" above the knee when standing.
- No sleeveless, cut off or midriff tops are allowed. All tops will have sleeves and either crew or polo styles. No strap tops allowed. No scoop neck styles allowed. Shirts and Blouses must be worn in an appropriate manner.
- Undergarments must not be visible at any time • No yoga pants, leggings or similar types of clothing without a long shirt fully covering the buttocks.
- No offensive or inappropriate language on clothing, no language or symbols of any kind on rear of shorts, pants, etc.

Parent/Guardian:

I agree to instruct my child to abide by all rules and regulations as outlined in the Participant Code of Conduct and Dress Code as outline above. I agree that if my child fails to abide in any way by the Code, that my child can be dismissed from a **Dharma Healing & Wellness, LLC. (Little Girl Grown Woman Issues)** event and sent home immediately at my expense for the immediate transportation home with no right of reimbursement or refund for any amount in connection therewith from the Sponsor et. al., Retreat/Camp et al., Chaperon et al.

Initials of Parent/Guardian: _____

Youth: As a participant in **Dharma Healing & Wellness. LLC. (Little Girl Grown Woman Issues)** events, I understand and agree to conform to both the Participant Code of Conduct and Dress Code. I agree to change my clothing if it does not conform to the dress code. I also understand and agree that my parent/guardian will be notified at the time of any infractions requiring my dismissal from the retreat and that I will be sent home at my parent's/guardian's expense. Among other things, being found with any alcoholic beverages, drugs, tobacco or weapons is cause for automatic dismissal from the Youth Ministry event.

'The Activity' Participants Initials _____